

**Question of Trust**

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| **Episode 01 Confessionals** | | |
| **Castaway** | **Old Count** | **New Count** |
| Ethan | 3 | 4 (+1) |
| Kim J. | 1 | - |
| Lex | 1 | - |
| Tom | 3 | - |
| Teresa | 1 | - |
| Kim P. | 3 | - |
| Frank | 2 | 3 (+1) |
| Brandon | 2 | - |
| Kelly | 0 | - |
| Clarence | 1 | - |
| Lindsey | 3 | - |
| Silas | 0 | - |
| Linda | 1 | - |
| Carl | 0 | - |
| Jessie | 1 | - |
| Diane | 1 | - |

Day 1

1. **Kim J. (1/1):** There were three jugs of water, and we took two of them and dumped them out because they were just too heavy to carry. We would have had to sacrifice the canned goods and a lot of the other things that we thought we couldn't replace. And we figured we ultimately would get a source of water.
2. **Ethan (1/4):** Diane was the one in charge of the map. I don't know if it was the best choice. But she seemed confident, which I would say was the first issue of our tribe was the map, uh... map problem.
3. **Tom (1/3):** I live on a farm and the first sheep jumps in a hole, the rest of them follow. And here we were following this blonde girl, zigzagging through the desert saying, *“I think we're this way.”*
4. **Diane (1/1):** I carry mail, so I just kind of went at my pace, which is probably faster than most people. And I got way out there and then ended up having to wait.
5. **Frank (1/3):** So how was the walk? I mean, did you feel it was comfortable, moving along, you know, at a good pace? Everything absolutely no. (09:07 → 09:18 = 11s)
6. **Frank (2/3):** Now we're back to, you know, *“J.C. Penney's this is what I bought. Did you see that guy? Yeah, he's so cute. Oh, I'm having these problems at home.”* Excuse me, Africa. You know, we're not down at the mall here, you know? Sitting outside with a... with a latte here or something. Let's just get moving along here.
7. **Brandon (1/2):** Frank is-is like a big strong ex-Army guy and when we were hiking, he was like a block away from us, just trooping on all by himself. And the rest of us are all in a pack back there. And he would, like, stop and wait for us and you could just tell he was really put out and... you know, *“Socialize later. We can laugh later around the campfire.”* And I'm just like, *“Dude, we're not all like you.”* I mean, it's like, no compassion at all for the rest of us, at all.
8. **Lindsey (1/3):** Seeing that *Survivor* flag, it's just not real until you're here. And seeing that flag, everyone just wanted to pass out, of course. You know, then Frank was all yelling at us to pick up the pace now that we saw the flag. And we're just dragging ourselves to get there, so...
9. **Kim P. (1/3):** Well, Frank is just, like-- he was trying to hurry us along and that's not my style. I like to bond, I like to talk to people. This is also a time where I want to enjoy some of it. I don't want to... I'm not military. I don't... I don't need it in my life. I don't need all that structure, you know, I think we'll get stuff done without having, like, every single thing be a rule and every single thing be a single file. That's just not me.
10. **Brandon (2/2):** Well, right now, we have a really drastic water situation. We have no fire yet, and we broke three gourds on the way on the hike. So the gourds are very fragile. And we lost the cap on one of them. And apparently when you don't cap the water that's in the gourd, it turns into, like, turpentine. I mean, we've got to get water, like, in the next hour or we're just going to be so screwed.
11. **Linda (1/1):** This is really the mother continent for me. I don't know if this makes any sense, but Mother Africa, and I've been here before, I have tremendous respect. And when the tribe was joking about tamborunos or, you know, the tampons in Samburu, my reaction to that, inside I was thinking, *“Oh, my God. That is so disrespectful. The Samburu people, you know, civilization, ages and ages ago. Do you realize where you... where you are? This is where it all started, folks, in Africa.”*
12. **Lindsey (2/3):** The water is disgusting-- I'm terrified. It's sick-- I mean, I was filling it up, and I... it was so... *(shows small distance with fingers)* it was... is this deep. So all you get water mixed with crud.
13. **Kim P. (2/3):** We're pulling water out of a very, like, murky... tadpoles are running all over it, like pond scum, kind of little, um, water hole. So the water is contaminated, and it has to be boiled for at least five minutes over a fire before we can drink it.
14. **Frank (3/3):** You have to have a fire. I mean, even the Masai tribesman said, *“Without the fire, you can't live in this land.”* Fire is not for warmth, what everyone would think of right away or for security right away, but the water has to be boiled three to five minutes. It has to be purified for us to drink.
15. **Teresa (1/1):** We thought we'd get a fire, faster than we, of course than we did. As hard as we were working, we just couldn't seem to get it. And then, of course, we were tired from the... from the long day. It was getting dark and we still kept trying and trying, even when it was dark, to try to get the fire going. That was, you know, a big frustration.

Day 2

1. **Jessie (1/1):** I don't think anybody, unless they've been put in a situation like this, really know how much water your body really needs. I mean, I really need water right now. I really do-- I'm so dehydrated. It's... I'm hurting right now.
2. **Lex (1/1):** Without fire, you can't boil the water. Anybody knows that you don't just belly up to the stream that you're camping next to, drop your canteen in it and drink the water. If you don't boil your water out here, you end up with what they call amoebic dysentery, which basically has you puking and crapping your guts out.
3. **Lindsey (3/3):** Kim and somebody, I think Linda, just decided to open the medical kit to see what was in there, and you know, tampons and, you know, stuff that we need, and in the medical kit there just happened to be a-a telescope for us to, you know, watch out for animals.
4. **Kim P. (3/3):** I don't know a lot about telescopes, but I know that a magnifying glass can start a fire. I had no idea whether or not that was a magnifying glass, but I unscrewed the telescope, pulled out the lens, and Silas was right there and I was like, *“Silas, isn't there something we can do with this?”*
5. **Ethan (2/4):** We open a can of cherries to get some sugar energy. And we also formed a circle, take a cherry, pass it... one cherry, pass it on.
6. **Ethan (3/4):** I was eyeing people just because I want my share... equal share of cherries. I mean, it's so silly. We're talking about cherries here 'cause we're starving, and I definitely, definitely saw Clarence take-take two cherries at one time and pass it around him. I mean, it's so tempting in there to take two. Everyone's got to take one cherry, pass it on. And I saw him take two, which is an issue.

Day 3

1. **Tom (2/3):** When we was at that spring I said, *“Do you know what? Something tells me we should have counted our food because Clarence loves them cherries.”*
2. **Ethan (4/4):** Right now, Clarence is helping out Diane. She's sick, she's dehydrated and he might be sipping on our water or get everyone out of the camp, maybe he's eating our food. I don't know.
3. **Tom (3/3):** We get back to camp, Clarence comes to meet us 20 yards from camp. Right then, I smelled a little something. He didn't smell good. So when we got on that trail I sniffed a little bit more. Through talking to Diane, she admits that she give Clarence some water and they just ate a can of beans.
4. **Clarence (1/1):** Diane said the best thing to do would be to open... get her something to eat, you know, because we wanted to get her strength up. She said, *“Well, maybe something to eat will help.” So I said, “Well, I'll do that. I'll open up a can, get you... maybe get some food in you, and that'll make you feel better.”*